JRA Shop Ride/Event Safety and Rules

- 1. This is not a race and is not timed, it is a recreational ride on open trails and roadways. Please encourage and support your fellow cyclists in enjoying the ride. Please be courteous to all other trail users, riders, and bystanders.
- 2. Please obey all traffic laws. All cyclists are personally responsible for knowing and obeying California bicycle laws, and safe riding practices. This includes—but is not limited to—obeying traffic lights and stop signs. Violators may be ticketed by local law enforcement and/or prohibited from participating in future shop-sponsored rides/events.
- 3. Ride safely and predictably. California DMV states cyclists "should ride single file on a busy or narrow street." Announce your presence when overtaking other cyclists. Allow other cyclists to pass you if you are traveling at a slower speed. Mountain bikers yield to horses and foot traffic, and descending riders to climbing riders. Any cyclist who is deemed to be riding illegally, unsafely, recklessly, or discourteously may be prohibited from participating in future shop-sponsored rides/events. Your safety, and the impact of your actions on the safety of others, is your responsibility.
- 4. We strongly urge no headphones. California bicycle law states that cyclists may not wear a headset covering, or earplugs in, both ears. It is for your safety, as well as those around you.
- 5. Helmets are mandatory. Helmets are required by California law for children under 18. It is our shop policy for adults to wear them while participating in any shop-sponsored ride/event. The helmet worn must be an ANSI or Snell-approved cycling helmet.
- 6. Children ages seventeen and under, if accompanied by a parent or adult guardian, are welcome as cycling participants on shop sponsored rides/events, providing they have the appropriate skill and fitness for that particular ride. Pedaling children only; no passengers. Sorry, no child under age twelve is allowed to participate in shop-sponsored road rides/events.
- 7. Shop-sponsored rides are for bicycles only, including tandems. The use of eMTB bikes will only be allowed to participate in shop-sponsored rides/events where eMTB bikes are permitted by law and/or local land management. Ask if you don't know where eMTB's are permitted. This is not intended to be discriminatory. We have a responsibility to follow land managers' rules and promote trail advocacy.
- 8. You must always come prepared with a bike in good working condition, water, a helmet, as well as any protective gear you deem necessary. Riding at night requires sufficient lighting. We recommend a light with a minimum of 1000 lumens for trail rides. Riding at night on the road requires a white light on the front of the bike and a red reflector or red light on the rear.
- 9. We always host "no drop" rides. This means we won't leave anyone behind. We always welcome new riders however we do recommend that you have good bike handling skills and appropriate fitness for the ride distance.
- 10. Bicycling has its inherent risks, including serious injury or death. Your participation is an acknowledgment of those risks and an assumption of liability.

Participant Signature/Legal Guardian	Date